

RSHE and Citizenship School Year Overview.

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	Taught alongside Science/ Geography	Ongoing
FS	Families Responsibility	Caring friendships	Respectful relationships Personal safety	Safety in and around the home.	Community	Changing and Growing (SRE) Economic Wellbeing	Health and Wellbeing. Community (environment) Internet Safety	Mental Health-ZUMOS Current affairs Sun safety
Year 1	Families Responsibility Introduce permissionseeking language (e.g. asking before touching/using)	Caring friendships Managing simple conflict and fairness ³	Respectful-relationships Personal safety Reinforce body autonomy ("my body belongs to me")-	Safety in and around the home. Clarify safe vs unsafe behaviour	Democracy Community First aid Introduce respect for difference (early equality foundations) ⁶	Changing and Growing (SRE) Economic Wellbeing	Health and Wellbeing Community (environment) Internet Safety	Mental Health-ZUMOS Current affairs Sun safety

Year 2	Families Responsibility	Caring friendships Recognising when friendships feel wrong	Respectful relationships Personal safety	Safety in and around the home.	Democracy Community First aid	Changing and Growing (SRE) Economic Wellbeing	Health and Wellbeing Community (environment) Internet Safety	Mental Health- ZUMOS Sun Safety Current affairs
Year 3	Families Responsibility	Caring friendships	Respectful - relationships	Safety in and around the	Community First aid	Changing and Growing (SRE) Personal safety Economic wellbeing (environment)	Health and Wellbeing home. Democracy Community Current affairs	Mental Health- ZUMOS Sun Safety Current affairs
Year 4	Families Responsibility	Caring friendships	Respectful - relationships Personal safety	Safety in and around the home.	Community First aid Democracy	Changing and Growing (SRE) Economic Wellbeing	Internet Safety Health and Wellbeing Community (environment)	Mental Health- ZUMOS Sun Safety Current affairs
Year 5	Families Responsibility Personal safety	Caring friendships home	Respectful relationships Economic Community	Safety in and around the home	Community First aid wellbeing	Changing and Growing (SRE) (environment)	Internet Safety Health and Wellbeing Internet Safety	Mental Health Sun Safety
Year 6	Families Responsibility Personal safety- home	Caring friendships Economic	Respectful relationships Wellbeing relevant SRE	Safety in and around the home. education.	Community First aid. Internet Safety	Changing and Growing (SRE) Community Current affairs not including aspects.	Health and Wellbeing Drug	Mental Health Sun Safety

