

School Swimming Lessons Goggle Usage Information

Goggles are not required for use in school swimming lessons. If a pupil is to wear goggles to their school swimming lessons, parental/guardian consent must be given by returning this form to your child's school.

If goggles are worn, any contact with others might result in additional injury to the eye area of the child.

Feeling confident and safe in the water, and swimming underwater, should not be dependent on wearing goggles. During an aquatic emergency the person in difficulty is not usually wearing goggles.

The ability to perform safe self-rescue without wearing goggles is an important skill to learn.

When swimming goggles are used, they should be made of unbreakable plastic or rubber materials. The British Standard for the manufacture of goggles (BS 5883:1996) includes the requirement that the packaging should contain instructions regarding their putting on and removal. Pupils should be taught to remove goggles by slipping them off the head and not by stretching the retaining band. Where goggles are not properly fitted, they may mist up and affect visibility.

The teacher responsible for the group may require any pupil to remove their goggles for reasons of safety, if they are constantly adjusting, removing and replacing them, if they are ill fitting or filling up with water or for the practice of safe self-rescue skills.

The teacher is not responsible for fitting or adjusting the pupils' goggles. Where a pupil does wear goggles, they need to be able to carry out the task of fitting them independently.

I give consent for _____ (insert pupils name) to wear goggles during their school swimming lessons. I confirm that the goggles worn will conform to British manufacturing standards, are of an appropriate fit and are able to be fitted and removed independently following the manufacturer's instructions.

I understand that the goggles are the responsibility of the above named pupil and not that of the school or swimming lesson provider.

Parent/guardian signature	
Parent/guardian name	
Date	