

Checklist

- Headline
- Sub-heading
- Picture
- Caption
- Introductory sentence
- Main body of text (columns)
- Quotes (direct speech)
- Parenthesis
- By line (who wrote article)

Who Dares Thins

SAS man Ant takes Rebel to Mexico for a desert brainstorm about her weight

ALLIED FORCES
Ant helped actress Rebel open up about battle to lose weight

HAVING A BALL At Cannes Film Festival gets in May 2019

NEW LOOK A trim Rebel after shedding 3st in 2020

REBEL WILSON ON HER YEARS EATING POOR DIET

“I wasn't loving myself the way I should from 20 to 40”

HUGS Ant and Rebel

BY WHIAN LUBIN

ACTRESS Rebel Wilson opened up about her battles with her weight as she braved a journey into the desert with ex-commando Ant Middleton.

The Australian star told Ant, best known as chief instructor in SAS Who Dares Wins, how last year she turned 40, lost 3st and found love, and was now “the happiest I’ve ever been”.

Baring her soul in the Mexican desert for Ant’s show *Strait Talking*, she tells him: “When I started gaining quite a lot of weight I was 19 or 21.”

“When I went to college, I added 25 kilos in a year or two. I was eating a lot.”

“I wasn’t loving myself the way I should from 20 to 40.”

“That’s 30 years and I feel so sad I did that to myself.” Rebel made 2020 her “year of health” and hit her goal of 70kg, just under 12st.

She has had a successful film career, starring in *Braveheart*, *Cats* and *Pitch Perfect*, and says: “I’d like to think I looked good at any size. I don’t want to project a message that girls can’t be happy as plus sizes. I was living the life.” She has been dating billionaire Jacob Bunch, 29, since 2019 and tells Ant: “I had lots of really good friends but I never allowed myself to get into relationships until the last few years.”

Ant, 40, who aims to take celebrities out of their comfort zone in the show, also heard how Rebel suffered sexual harassment in Hollywood. She says: “One was with a director in a hotel room. Nothing happened – his wife called saying he was trying to sleep with me. It didn’t cross my mind.”

The second incident was with a male actor, who asked her to perform a sex act “while his other buddies on set were watching”.

She says: “I felt a bit entrapped in the room. I called my agent, we made an official complaint to the studio.”

Rebel also revealed that on a holiday in Mozambique she was among a group of women kidnapped by armed men; she says: “They were like, ‘Yeah, you’ve got to get off your truck. They took us to a

body link arms’ because I was petrified in the night that they might want to take one of the girls or something.”

Thankfully, the next morning they were all released without harm.

Ant Middleton & Rebel Wilson: *Strait Talking*, tonight, 9pm, Sky One & NOW TV

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Newspaper Reports

- Today we will learn how to create effective headlines



Newspaper Headlines

- Grabs the reader's attention – big, bold, stands out
- Makes them want to read the story
- Uses a range of techniques: rhyme, alliteration, word play (puns), onomatopoeia

Woman
missing
since she
got lost

5/5

A 20-year-old Disney Park
worker

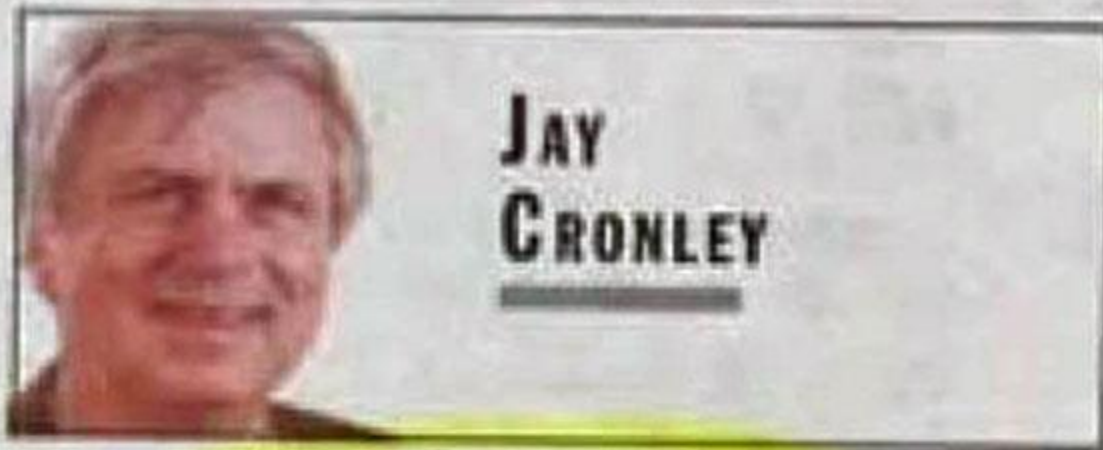
Exclusive To All Newspapers

DIANA WAS STILL ALIVE HOURS BEFORE SHE DIED

A SERIES of previously un-

Psychics predict world didn't end yesterday

Two seers also envision Treasure Coast boom



JAY
CRONLEY

One-armed
man applauds
the kindness
of strangers

The other afternoon, a man and a woman came to my door.

POLICE REPORT

Man arrested for everything

Unlawful possession of a cured vehicle

Outdoors

Outdoors Outpost

By KENDAL HEMPHILL

Breathing oxygen linked to staying alive

The other day I walked into my bedroom and glanced over into the corner, where my desk is supposed to be, and it wasn't there. My wife had evidently been rearranging the furniture again. She does that periodically, although I've told her over and over that if God had wanted her to move furniture he would have given her a hairy chest and pants that wouldn't stay up in back. I always end up walking into walls and skinning my shins when I get up in the middle of the night after one of her spees.

"Honey," I called, "where did you move my desk to?"

"It's right there where it's

One of the letters I found is from a company called Oxygenation Systems of Texas, which is based in Anahzac (sic: motto: Y'all Come Back To Anahzac).

The letter is an ad for something called The Oxygen Edge, which is a device invented by a fellow named David Kinzer, who obviously has a great deal of spare time. The Oxygen Edge is supposed to help fishermen keep fish alive in live wells, which is evidently a problem, especially during the hot summer months.

If you're not a fisherman, this probably requires an explanation. See, when a bass fishermen is

exposed to sunlight and fishing shows on TV.

The problem is that, when the weather gets extremely hot, the fish in the live well tend to go belly up, due to a shortage of oxygen in the water, which causes the fisherman to have to quit fishing. This would seem, to most people, a blessing, but bass fishermen hate to have to quit fishing. I guess they believe that sooner or later, if they keep at it long enough, they'll start to have fun. This is called dreaming.

Another important reason to keep fish alive in live wells is that, in order to be a valid entry in a Bass Fishing tournament, a fish cannot be

wells. This is America, after all, the land of the free and the home of time sharing condos, where people will do just about anything for a buck. I was starting to get bored with the letter until I read this line, which I promise is an actual quote: "It looks like a miniature scuba system."

Whoa! Miniature scuba systems? I can just imagine watching "Fishing With Bill Dance" on Saturday morning and after the guest catches a largemouth bass he turns to Bill and says, "We better get this guy fitted with a vest and air tank right away. As hot as it is he'll never make it till sundown." Yep, when I read that line I know, beyond a

tiny bob song. The well, and but on O into the: easier for stay alive

in a live Edge. D time and and told straw. I c ciate the on the c nology. lo, and I This on

Man found dead in graveyard

Evening Standard

SOUTH HAVEN

City unsure why the sewer smells

By KRISTIN HAY
H-P Correspondent

SOUTH HAVEN — The tests have been inconclusive in trying to locate the source of a mysterious odor that has been detected in several downtown South Haven businesses.

Bob Stickland, the director of

Stickland said he will discuss the strategy of putting a non-toxic smoke into the sewer to detect the path of the offensive gas emanating from basement drains.

"Somebody is putting something into the sewer that is creating the odor," Stickland said in an interview after the council meeting. "We are trying to find out

SCOTLAND



Sewer was blocked by large Pooh

Last updated 17 Feb 2014 00:03 GMT



A Winnie the Pooh teddy bear was found dumped in a manhole in East Kilbride, South Lanarkshire

Big rig carrying fruit crashes on 210 Freeway, creates jam

KTLA - Los Angeles May 20, 2013



A big rig overturned Monday morning, creating a headache for commuters on the 210 Freeway.

Space aliens turned my wife into a **TOFFEE CRISP**



MISSING: Ray's wife Eileen



GUTTED: Ray with his wife after aliens struck

SUNDAY Sport JUST £1
At all good Newsagents

SUNDAY SPORT EXCLUSIVE

By SIMON DEAN

simon@sunday-sport.co.uk

ANGUISHED Ray Peters says he's at his wits' end after space aliens zapped his missus with a powerful astro-ray - which turned her into a **TOFFEE CRISP!**

Ray, who insists there were "no problems" in his 20-year marriage to Eileen, said he came home on Thursday night to find his wife missing and a mysterious Toffee Crisp on the kitchen floor of their £2million five-bedroom house.

The 62-year-old former security firm manager, from Brentwood, Essex, said: "Eileen hates Toffee Crisps and so do I. There is no way there would have been one in our house.

"Then it struck me. There have been some weird lights over our house just recently. UFOs, most probably.

"It all makes perfect sense. Eileen's been turned into a Toffee Crisp by some aliens and a special ray gun."

Blowback

Former boxing club owner Ray said he worked into the early hours of Friday scrubbing the kitchen floor in case there was any space contamination left by the moonmen.

The ex-scrap dealer said: "I was also forced to roll up the hall carpet and throw it in the sea, just in case there was radioactive blowback from their UFO."

"So if there's any CCTV of me chucking a rolled-up rug into the sea in Hadleigh, that explains that."

Former freelance lender Ray said: "We're due to fly out on holiday to Gran Canaria for a

SUPER CALEY GO BALLISTIC CELTIC ARE ATROCIOUS

Barnes dragged into the gutter



CALEY UP. Photo: [unreadable]

ELEVEN days ago the gutting on the Lisbon Lions Stand collapsed — last night it was John Barnes' badly-built TEAM that came crashing down around his ears.

Make no mistake, Steve Paterson's team will go down in history — Barnes and his side will go down in infamy.

If it was the most glorious night in Super Caley's six-year League history it was also the blackest evening in the 112 years of once mighty Celtic.

They were surprised, outright and outbranded by a team expected to be little more than cannon fodder.

The Parkhead faithful looked on in disbelief as their megabucks idols were played off the park.

As the Highlanders went to their 1,000 fans to kick off the party of all Scottish Cup games, the remaining Celtic supporters gaped in astonishment at the scenes of sheer joy.

Nightmare

They could only have been praying to wake up from the biggest night-mare of their lives.

Then the ones who could someone to the wall went to join the party



FINCH ME . . . a disbelieving Marc McCulloch dives on goal here Wilson

and Barkovits set up two chances — the first for Viduka who did pass the post and the second cracked off a post by Stanislav Malin.

A Moravik shot was saved by Caidie and when Viduka pounced on the rebound the big Aussie saw his effort blocked by defender Steven Girdlehead.

There was controversy when Volar Kuznetsov was dismissed after he was allowed by Steve Taitly but not Douglas McDonald wasn't impressed at Kuznetsov on the ground clutching his face. Viduka was headed off at the corner and replaced by Ian Wright who soon had a shot blocked by Richard Hastings.

When Barkovits and Birchall wanted up again the striker's shot steamed off Caidie and the chance was gone, but Inverness barely took all that the things threw at them — and his back with a singlehammer thud.

Desperate

King Binkler brought down Wilson from behind, and Stewart's opponent who has played 90 consecutive games to easily playing the ball past Goudie to put Celtic in desperate trouble.

Caidie slammed the door in Celtic's face with a great save from Colin Healy's drive. But right at the death, only a desperate goal-line clearance by Moravik stopped a header by Wilson.



CELTIC..... 1 INVERNESS CT..... 3

By Rodger Baillie at Parkhead

Newspaper Headlines

- Grabs the reader's attention – big, bold, stands out
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- Uses a range of techniques: rhyme, alliteration, word play (puns), onomatopoeia, rhetorical questions

LOADS OF TOADS FOUND ON ROADS

Why aren't frogs on their logs?

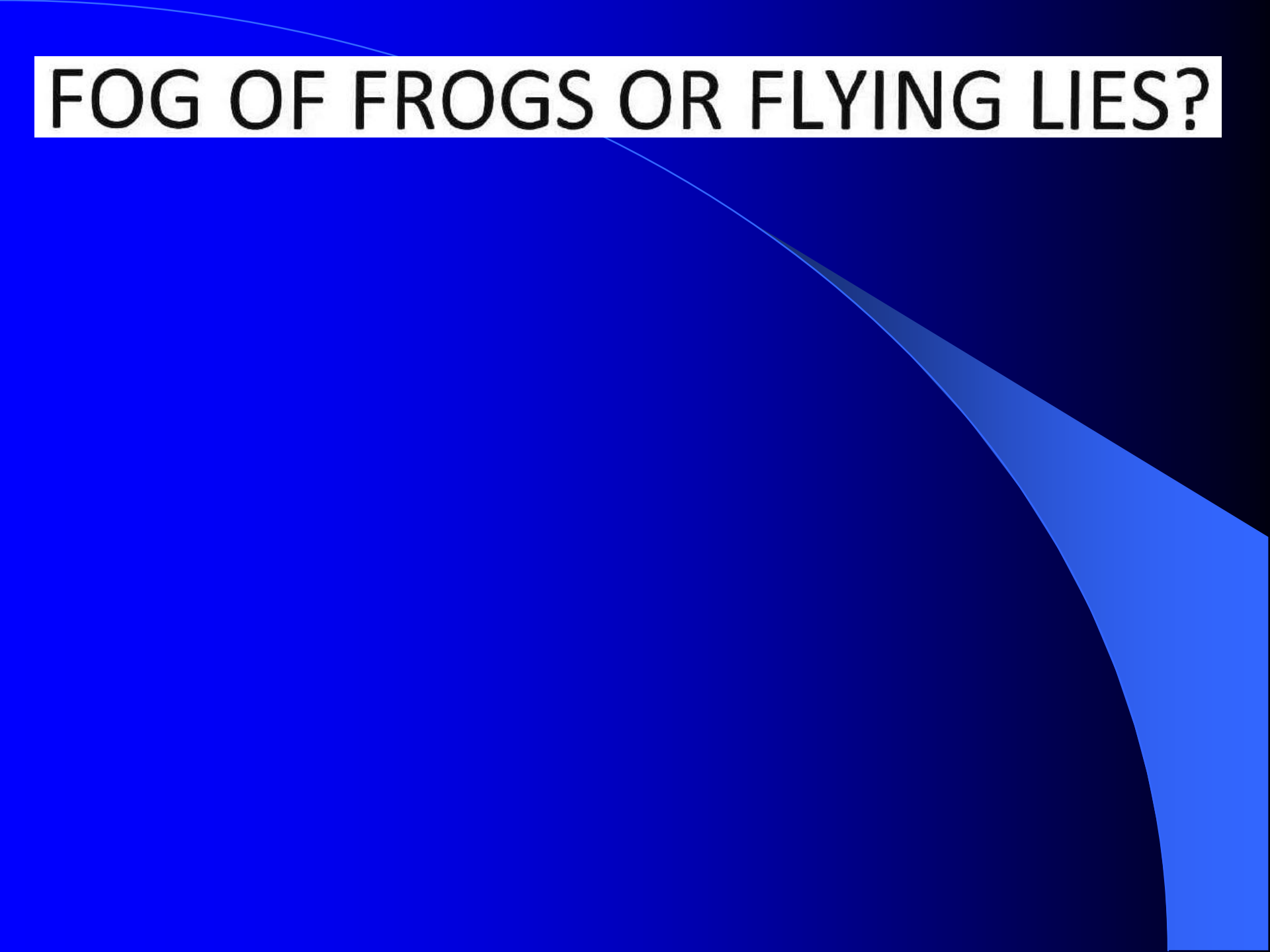
Slime is the Crime

Police are on the case

**IS IT A BIRD? IS IT A PLANE?
WAIT, THEY'RE FLYING TOADS!**

The image features a white banner at the top with bold, blue, sans-serif text. The text reads: "IS IT A BIRD? IS IT A PLANE?" on the first line, and "WAIT, THEY'RE FLYING TOADS!" on the second line. The background is a solid blue color. On the right side, there is a dark blue curved shape that tapers towards the top right corner, resembling a stylized arrow or a decorative element.

FOG OF FROGS OR FLYING LIES?

The image features a solid blue background. At the top, there is a white horizontal bar containing the text "FOG OF FROGS OR FLYING LIES?" in a bold, black, sans-serif font. On the right side of the image, there is a light blue, curved, wedge-shaped graphic element that tapers towards the bottom right corner.

TOADS TERRIFYING TOWN

Have frogs gone croaky or is it a toad of lies?

OOIE GOOIE GOO, WHERE ARE U?

We've got some investigating to do.

SLIME ON THEIR FACE! (BIG DISGRACE?)

Dropping lily pads all over the place.

**Where Did They Come From, Where Did They Go?
Where did they come from, Popping-Eye Toad?**

Your Challenges

- Complete the ‘News Headlines’ activity in assignments.
- Come up with your own headline for events of Tuesday.