

Name: _____ Date: _____

Choose one of these activities:

Writing a poem



Preparing a dance



Preparing a mime



Writing a song



Drawing a picture



Now choose one of these emotions:

Anger

Fear

Sadness

Happiness

Excitement

Nervousness

Contentment

Satisfaction

Jealousy

Use your activity to portray the emotion you have chosen. Think about how people express that emotion and what you will need to do to get the emotion across in your work.