

WELL BEING WEDNESDAY  
WEEK THREE

WELLBEING  
WEDNESDAYS

Thank you again for your incredible photos last week. I love the costumes you wore for Captain Resilience!

This week our theme is...

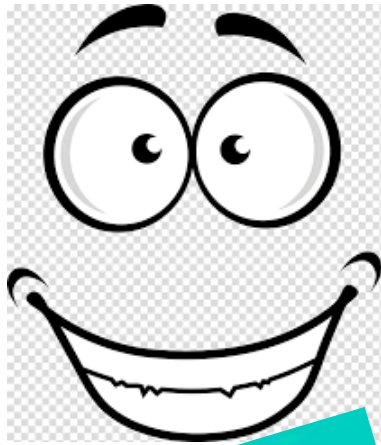


During this difficult time it has been more important than ever to keep smiling. You all have wonderful smiles, and I miss seeing them in school every day.

Plus, did you know that laughter is the best medicine in the world! We need to laugh every day just to make ourselves and each other feel good.

So there are two lovely activities that you can do this week (plus a third booster one) and I think that you will enjoy them all. There is also our weekly WELL BEING WEDNESDAY assembly on the website.

Have a great day and KEEP SMILING!



# Tell me a joke!



I know how good you are at telling jokes, because you have told me so many on the playground!

Our activity for today is to make your own joke book.

You can get a piece of paper, fold it into sections, and make a booklet. Or you could staple a few sheets together. Don't forget to do a title page and add some pictures to your jokes and colour them in. Our younger children could just do a joke picture book.



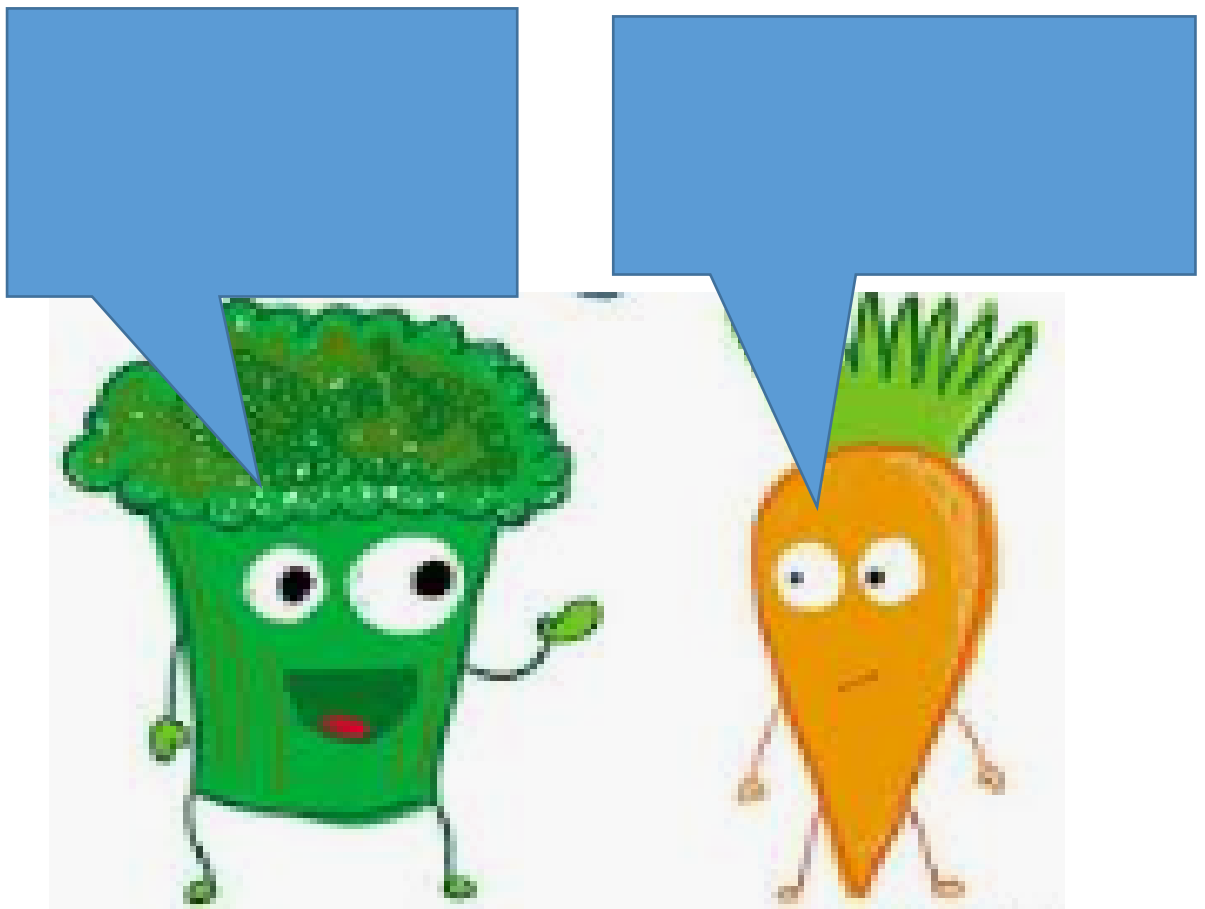
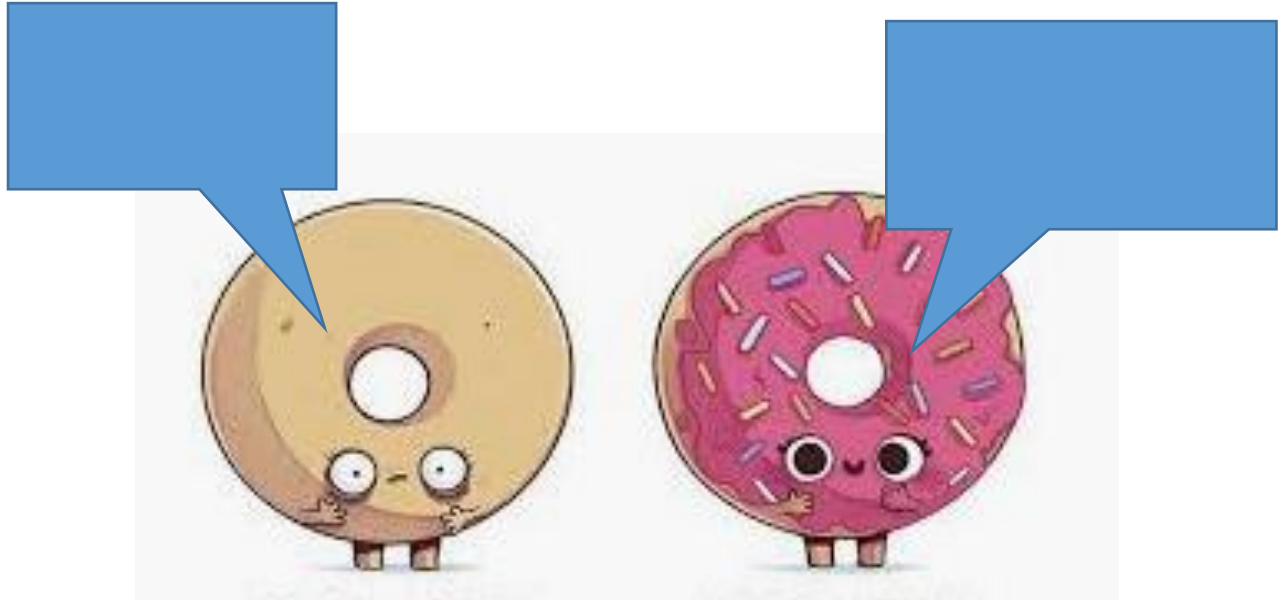
Once you have finished, and chuckled to yourself, please share it with your family, and see if you can get them to laugh as well. Can you also email me your best joke so that I can make a school joke book and put it on the website. Have fun!


For a bit of fun, see if you can guess who these famous smiles belong to? I will put the answers on another link.



EXTENSION ACTIVITY FOR THOSE WHO WANT TO  
LAUGH EVEN MORE!

Look at these pictures and fill in the speech bubbles.





Famous smile answers:

1. Spongebob
2. Boris Johnson
3. Makka Pacca
4. Fireman Sam
5. The Queen
6. Raheem Stirling
7. Arianna Grande
8. Peppa Pig
9. Mickey Mouse
10. Shrek